

Ms. Pollard's Birthday Treat Policy

Often times, parents like to send in something to celebrate their child's birthday with the class. In order to be aware of allergies and the intake of sugar during the school day, please send in a healthy food option if possible. All items sent in must be store bought. No homemade food items can be shared with the class. If your child has an allergy, it is the child's responsibility and the parents' responsibility to be aware of the allergy and to provide an alternative snack item for the child. Teachers are not responsible for providing snacks of any kind. We go to recess from **12:05 to 12:35**. At this time, and only at this time, will birthday treats be shared.

Some Healthier FOOD OPTIONS

• Fruit • Frozen squeezable yogurt (go-gurt) • 100% fruit snacks • String cheese • Cheese and crackers • Goldfish • White popcorn • 100% fruit popsicles

If sending in treats, please supply plates, utensils, and or napkins if needed to enjoy the treat. Also please send in enough treats for the whole class to enjoy.

ALTERNATE OPTIONS: • Recess equipment • Bubbles • Send in a fun read-aloud for your child to read to the class and donate it to the classroom library.

Please know it is not mandatory to send something in for your child's birthday. If you choose to send something in, please email the teacher beforehand so I she/he can make any needed arrangements!

Thank you!

Ms. Pollard